April 14, 2016

Affiliate Leadership,

This is the fourth letter to update you on happenings at NAMI Illinois [the first, dated December 12, the second dated January 7, and the third dated February are available from the office should you have missed it].

Topics:

1. NAMI Illinois Website
2. Fund Raising / Grant Writing
3. Affiliate Support
4. Training Schedule
5. Potpourri

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NAMI Illinois Website

www.namiillinois.org has had a complete makeover with a new technology platform and updated and broadened content. Take a look—especially at the information about your affiliate and planned programs. Check out the map that can guide users to an affiliate in their area. One strategy of this new site is to facilitate users finding local resources.

Bookmark the site on your computer and smartphone. Holly McCaffrey is in charge should you have a suggestion for improvement.

Fund Raising/Grant Writing

We have engaged the services of a Grant Writer, Christine Garza, who will be helping us to identify funding sources. Some of the sources may already have a history with an affiliate, in which case we will collaborate with you on moving forward. Should you have an idea for a source for funds—please notify Sue Spears.

Affiliate Development

As part of the NAMI National re-affiliation program, NAMI Illinois is required to choose which models to support within the state. At this time, due to limited NAMI Illinois resources, we will support Models A and B, described below:

**Model A**

*Model A Affiliates are independent, 501(c)(3) organizations that have close affiliations with NAMI Illinois and NAMI. This model enables the Affiliates to have more flexibility regarding how their activities are run. They maintain their own bylaws, Boards of Directors, insurance coverage, finances, etc., and are responsible for ensuring compliance with all state and federal regulations.*
Model B

Model B Affiliates are not incorporated as separate entities; instead, they fall under the auspices of another NAMI Affiliate. They need to follow the policies, procedures, insurance, governance, etc. of the NAMI Affiliate. Though Model B Affiliates do not have as much flexibility, the burden of additional operational responsibilities is minimized.

The other possible models are not planned at this time as it would require more support from NAMI Illinois, and that is not possible with existing resources.

At the NAMI Illinois Board meeting on March 19, Board Leadership from affiliates south of I-80 had been invited, and we discussed the options above. There was support for limiting the options to A and B, and not including a model requiring more centralized support.

Training Schedule

Last time we reported on the Training Series for four Signature Programs June 17 - 19, 2016, in Champaign-Urbana. All the classes except for Basics have already been filled (a few spots remain for Family to Family). We are gathering requirements for the next training sessions and will announce dates accordingly.

<table>
<thead>
<tr>
<th>Class</th>
<th>Start</th>
<th>End</th>
<th>Cost Underwritten</th>
<th>Fee to Affiliate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family to Family</td>
<td>Friday 9 am</td>
<td>Sunday 2 pm</td>
<td>$100</td>
<td>$250</td>
</tr>
<tr>
<td>Basics</td>
<td>Friday 3 pm</td>
<td>Sunday 2 pm</td>
<td>$100</td>
<td>$250</td>
</tr>
<tr>
<td>Family Support</td>
<td>Saturday 8:30 am</td>
<td>Sunday 6:30 pm</td>
<td>$100</td>
<td>$250</td>
</tr>
<tr>
<td>Connections</td>
<td>Saturday 8:30 am</td>
<td>Sunday 6:30 pm</td>
<td>$100</td>
<td>$250</td>
</tr>
</tbody>
</table>

During the training weekend, NAMI Illinois will provide information that will be of interest to the attendees about the role of NAMI Illinois, the NAMI Illinois Conference, NAMI on Campus, Advocacy and other topics. This class schedule information is available on the NAMI Illinois website by selecting calendar/June. The IOOV class information is available on the NAMI Illinois website by selecting calendar/July.

<table>
<thead>
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</thead>
<tbody>
<tr>
<td>In Our Own Voice</td>
<td>Saturday 8:30 am</td>
<td>Sunday 5:30 pm</td>
<td>$100</td>
<td>$150</td>
</tr>
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NAMI Illinois has received approval for applicants for five (5) Connections State Trainers, (1) In Our Own Voice Trainer and two (2) Peer to Peer State Trainers that will take place in Arlington VA by NAMI National this month.

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</thead>
<tbody>
<tr>
<td>Connections</td>
<td>April 22, 2016</td>
<td>April 24, 2016</td>
<td>$450 for registration, materials and double room accommodations</td>
<td>Airfare, optional upgrade to private room, non-included meals, local transportation</td>
</tr>
<tr>
<td>Peer to Peer</td>
<td>April 22, 2016</td>
<td>April 24, 2016</td>
<td>$450 for registration, materials and double room accommodations</td>
<td>Airfare, optional upgrade to private room, non-included meals, local transportation</td>
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The goal of NAMI Illinois is to establish a look-ahead plan of 12 to 18 months to enable affiliates to do their planning. Refer special needs to Holly or Sue.

**Potpourri**

1. NAMI Convention in Denver: July 6 (arrive July 5) through 9: At this time NAMI Illinois Board Members John Schladweiler, Sue Spears, Hugh Brady and Diane Zell plan to be there and will host the Illinois Caucus.

2. NAMI Illinois Conference: Techny Towers Conference and Retreat Center (Northbrook) IL: Friday October 14/Saturday October 15. Mary Giliberti will be the keynote speaker. We plan to offer CEU's. Multiple tracks are planned to interest affiliate leaders, advocates, persons living with a mental illness and family members. The event is shortly before the November election, and as a result we are exploring holding a candidate forum, most likely on Friday night.

3. The NAMI Sponsored Mental Health Roadmap Meeting April 25, 2016.

4. On May 10, 2016, The Kennedy Forum is hosting On The Table 2016. The objective of this initiative is to engage individuals across all walks of life in conversations about mental health and addiction, continuing our mission to end stigma. We invite you to join us and host your own conversation among family, friends, or colleagues. The topic, location, and time of the conversation is the host's choice, but The Kennedy Forum offers support and resources to help you host a constructive conversation. If you want to host a conversation or want to learn more, please contact James Burns by phone: 312-479-2636, or email: James@TheKennedyForum.org. You may register to host by clicking here and selecting 'Kennedy Forum' as your partner organization. We hope you will join us May 10, 2016 - to end stigma and break the silence.

5. Mental Health Rally Thursday May 19 noon at the Thompson Center (Randolph and Clark, Chicago) - in the planning stage. The Mental Health Summit, NAMI Chicago and others are planning this event.

Yours truly,

John Schladweiler
Board President - NAMI Illinois