An Update on NAMI Illinis

February 16, 2016

Affiliate Leadership,

This is the third letter to update you on happenings at NAMI Illinois [the first, dated December 12, and the second dated January 7, are available from the office should you have missed it].

Topics:

- NAMI Illinois Office
- Training Schedule
- Affiliate Support
- Affiliate Requirements
- Potpourri

**NAMI Illinois Office**

The office in Springfield is open for business Monday through Thursday 8:30am to 4:30pm. Fridays are closed as a cost-saving measure. We are attempting to answer most phone calls, rather than have them roll to voicemail. Holly McCaffrey, Programs Director, is in the office when open. Sue Spears, Interim Executive Director, is in the office two days per week - generally Tuesday/Wednesday, but is reachable other days by cell phone (309) 360-1143 or sspears@mtco.com.

**Training Schedule**

We are pleased to announce State Trainings for four NAMI Signature Programs June 17 - 19, 2016, in Champaign-Urbana. Four trainings are to be offered simultaneously.

<table>
<thead>
<tr>
<th>Class</th>
<th>Start</th>
<th>End</th>
<th>Cost Underwritten</th>
<th>Fee to Affiliate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family to Family</td>
<td>Friday 9 am</td>
<td>Sunday 2 pm</td>
<td>$100</td>
<td>$250</td>
</tr>
<tr>
<td>Basics</td>
<td>Friday 3 pm</td>
<td>Sunday 2 pm</td>
<td>$100</td>
<td>$250</td>
</tr>
<tr>
<td>Family Support</td>
<td>Saturday 8:30 am</td>
<td>Sunday 6:30 pm</td>
<td>$100</td>
<td>$250</td>
</tr>
<tr>
<td>Connections</td>
<td>Saturday 8:30 am</td>
<td>Sunday 6:30 pm</td>
<td>$100</td>
<td>$250</td>
</tr>
</tbody>
</table>

Note the participant or affiliate is responsible for mileage and hotel sleeping room expense.

The training information will be distributed to affiliate leaders and education coordinators and will be available on the NAMI Illinois website within the next few days.

This multi-training format will permit interaction among attendees outside of class.
Feedback from attendees in the past is that they prefer the overnight approach affording the opportunity to meet and learn from others during meals and evening hours.

During the training weekend, NAMI Illinois will provide information that will be of interest to the attendees about the role of NAMI Illinois, the NAMI Illinois Conference, NAMI on Campus, Advocacy and other topics.

NAMI Illinois will be submitting applications for five (5) Connections State Trainers and two (2) Peer to Peer State Trainers that will occur in Arlington, VA by NAMI National.

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</thead>
<tbody>
<tr>
<td>Connections</td>
<td>April 22, 2016</td>
<td>April 24, 2016</td>
<td>$450 for registration, materials and double room</td>
<td>Airfare, optional upgrade to private room,</td>
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<td></td>
<td></td>
<td></td>
<td>accommodations</td>
<td>non-included meals, local transportation</td>
</tr>
<tr>
<td>Peer to Peer</td>
<td>April 22, 2016</td>
<td>April 24, 2016</td>
<td>$450 for registration, materials and double room</td>
<td>Airfare, optional upgrade to private room,</td>
</tr>
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The goal of NAMI Illinois is to establish a look-ahead plan of 12 to 18 months to enable affiliates to do their planning. Refer special needs to Holly or Sue.

**Affiliate Development**

Strong and growing affiliates are the cornerstone of our State. To move forward on this we have defined the following steps:

- Learn about affiliates:
  - Stat Sheets: please submit these each quarter to NAMI Illinois (please forward your stat sheet through December 2015 if you have not already done so). Reminder: post your program data to [www.nami.org/programdata](http://www.nami.org/programdata) and keep this site current as it is used to help those in need to find programs.
  - Database: we are creating a database about affiliates. To do this several Executive Directors (EDs) have volunteered to help us call all 23 affiliates and complete a comprehensive form about each affiliate (expect a call). Linked to this will be the opportunity to provide mentoring/suggestions/advice - as the EDs doing the calling have extensive experience in running a robust affiliate. The purpose is to create an opportunity for you to have a dialogue with someone in the same role as yourself. This database will be shared so you can learn more about each other, hopefully leading to exciting collaborations.

- NAMI Illinois does not currently have the financial resources to be the parent organization for affiliates that do not have their own 501(c) (3), insurance, bylaws, policies/procedures and other organization requisites:
  - We have created new templates for bylaws, policies and procedures based
upon the NAMI National models, but adjusted to be appropriate for within
the State of Illinois. These will be made available soon. The goal is to
simplify the process of becoming re-affiliated.

- To start the dialogue about how we might meet the needs of local affiliates
  that do not have all of the pieces in place, we are inviting Board Presidents
  and Executive Directors from affiliates South of I-80 to a meeting March
  19th in Bloomington/Normal IL, concurrent with the scheduled NAMI
  Illinois Board Meeting. The discussion will include how to accomplish
  moving to a self-sufficient affiliate model over time. Later we will have a
  similar discussion North of I-80, most likely at the May 21st Board meeting
  in Chicago.

Affiliate Requirements of NAMI Illinois

In September the NAMI Illinois Board of Directors decided to survey affiliate leaders to
determine the best course of action for the future for NAMI Illinois. Doctoral students
in clinical psychology from The Chicago School of Professional Psychology, under the
supervision of Immediate Past President of the NAMI Illinois Board John Shustitzky,
gathered information from all affiliates through both an online survey and extensive
telephone interviews. Their Final Report of this effort is available to affiliate leadership
through a request to Holly McCaffrey in the NAMI Illinois office:
hollymac@sbcglobal.net. The Board thanks John and his students for this significant
work effort.

Results in summary:

- Prioritization of NAMI Illinois activities (the top 4 in most important to least
  importance sequence)
  - Training of Teachers and Facilitators (81%)
  - Legislative Advocacy (67%)
  - Annual State Conference (48%)
  - Affiliate Support (48%)

- Current priorities have been adjusted to address these priorities, and a
  number of lower priority items have been transferred to others or eliminated.

Potpourri

- NAMI Convention in Denver: July 6 (arrive July 5) through 9: At this time NAMI
  Illinois Board Members John Schladweiler, Sue Spears and Diane Zell plan to be
  there.

- NAMI Illinois Conference: Techny Towers Conference and Retreat Center
  (Northbrook) IL: Friday October 14/Saturday October 15. We are exploring
  offering CEU's. Multiple tracks are planned to interest affiliate leaders, advocates,
  persons living with a mental illness and family members.

Yours truly,
John Schladweiler
Board President - NAMI Illinois